

Settlers' Ghost

STARTERS

Chicken Wings \$18

1 lb of Wings Served with Blue Cheese Dip, Fries, Celery & Carrots.

Choice of Sauce: Hot, Medium, Honey Garlic, Garpar, BBQ, Sweet Chili Thai or Dry Cajun

Buffalo Tempura Cauliflower Wings V \$14

Crispy Cauliflower Served in Buffalo Sauce with Ranch Dipping Sauce, Carrot & Celery

Soup Of the Day \$8

Ask Your Server About our Soup of the Day

Chicken Quesadilla \$17

Sautéed Peppers & Onions, Tomatoes and Melted Cheese

Prosciutto Flatbread \$16

Goat Cheese, Prosciutto, Roasted Cherry Tomatoes, Arugula with a Balsamic Reduction

Nachos V GF \$18

Mixed Cheese, Tomatoes, Black Olives, Jalapenos & Peppers. Served with Sour Cream & Salsa

Add Chicken \$6 Add Guacamole \$2

SALADS

Beet and Goat Cheese V \$17

Heritage Greens, Arugula, Candy Cane Beets, Goat Cheese, Spicy Pecans, Blueberries all tossed in a Balsamic Vinaigrette

Caesar \$14

Romaine, Bacon Bits, Parmesan Cheese & Croutons

Add On: 5oz Chicken Breast \$6

Mango & Chicken Pecan sm \$12 lg \$24

Tomato, Cucumber, Carrot, Spring Onions, Feta & Mint. Served with a House Made Dressing

Garden V GF \$12

Heritage Greens, Tomato, Cucumber, Red Pepper

Choice of Dressing: Ranch, Greek, Oil & Vinegar, Balsamic

6oz Grilled Salmon Fillet \$9

HANDHELD

Chicken Club \$19

Lettuce, Tomato, Havarti Cheese, Bacon & Mayo. Served on a Potato Bun

Chicken Caesar Wrap \$17

Bacon, Romaine, Caesar Dressing, *Make it Vegetarian with Tempura Cauliflower, no bacon V*
Add Buffalo Sauce \$1.00

Beef Dip \$19

Shaved Beef, Crispy Onions, Havarti Cheese, Horseradish Mayo. Served on Focaccia Bread

Choice of Fries or House Salad. Substitute Caesar, Soup or Sweet Potato Fries \$3
Gluten Free Bun \$1.50 Add Gravy \$2

Ghost Burger \$19

LTPO House Made Compote. Served on a Potato Bun
Add Cheese or Bacon \$2

Garden Burger V \$19

Plant Based Patty, Avocado, LTPO Served on a Potato Bun

MAINS

Fish & Chips \$18

Hand Battered 7oz Haddock Fillet, Tartar Sauce, Coleslaw and French Fries
Extra piece \$8

Fettucini Shrimp Pasta \$22

Freshly Sautéed Shrimp, Basil, Garlic & Spinach all tossed in a white wine rosé sauce.

Tuna Poke Bowl \$24

Seared Ahi Tuna, Warm Rice, Carrots, Edamame, Diced Mangos and Avocado

Crispy Chicken Strips \$16

6 Strips Served with Plum Sauce and Fries
Add Buffalo Sauce \$1.00

SIDES

Sweet Potato Fries \$10

French Fries \$8

Caesar Salad \$7

House Salad \$6